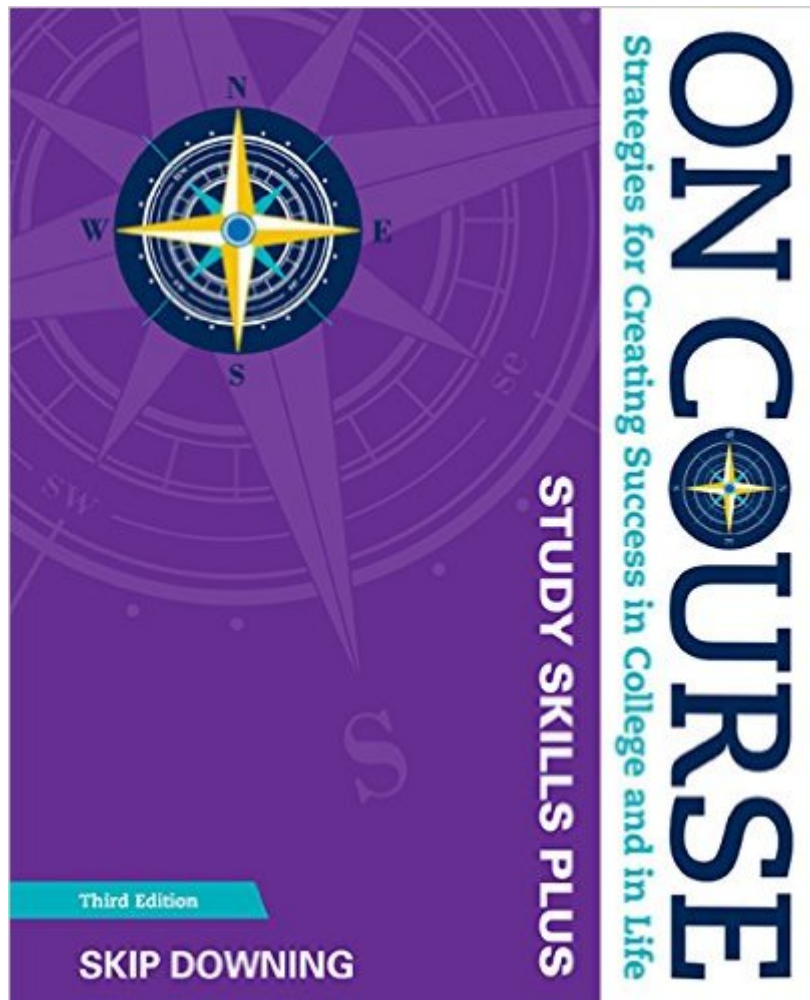


The book was found

On Course Study Skills Plus Edition



Synopsis

ON COURSE: STRATEGIES FOR CREATING SUCCESS IN COLLEGE AND IN LIFE, STUDY SKILLS PLUS, 3rd Edition, empowers you with the tools you need to take charge of your academic and lifelong success. A self-assessment at the beginning of the text helps you identify behaviors and beliefs you may wish to change in order to achieve more of your potential in college and in life. Through short articles and distinctive guided journal entries, the author encourages you to explore and develop eight keys to your success: personal responsibility, self-motivation, self-management, interdependence, self-awareness, lifelong learning, emotional intelligence, and self-esteem. As you develop these skills, you'll find yourself making more effective choices and achieving greater success. The "Toolbox for Active Learners" provides numerous study skills that will help you excel in all of your college courses. As you learn these new strategies, you'll have the opportunity to practice applying them to solve academic challenges. With improved critical and creative problem-solving, you'll be able to achieve greater success in all parts of your life. Another self-assessment before and after the "Toolbox for Active Learners" will show you how much you've learned about being an effective learner.

Book Information

Paperback: 372 pages

Publisher: Cengage Learning; 3 edition (January 1, 2016)

Language: English

ISBN-10: 1305397487

ISBN-13: 978-1305397484

Product Dimensions: 0.8 x 7.2 x 8.8 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 4.0 out of 5 stars [See all reviews](#) (4 customer reviews)

Best Sellers Rank: #8,072 in Books (See Top 100 in Books) #5 in [Books > Education & Teaching > Schools & Teaching > Counseling > Academic Development](#) #95 in [Books > Textbooks > Education](#) #273 in [Books > Self-Help > Success](#)

Customer Reviews

Get Ahead with Downing & Å Å™s On Course Study Skills Plus Edition.

[View larger](#)

[View larger](#)

[View larger](#)

[View larger](#)

Toolbox for Active Learners. Unlike texts that present a long menu of study options, on course organizes study skills based on the logical learning steps as identified by research on the brain and effective methods for learning. The

strategies are all collected here so you can easily refer to this section. The section also includes a new Study Skills Self-Assessment that you can take before learning about study skills to discover areas where you can improve. At the end of the course, retake the self-assessment to see how far you've come.

Guided Journal Entries. A guided journal entry immediately follows each article about a success strategy, giving you an opportunity to apply the strategy you have just learned to enhance your results in college and in life. Many instructors of the course say the guided journal writings are extremely powerful in helping students make new and more effective choices, thus improving their academic success and persistence.

Case Studies in Critical Thinking. Case studies help you apply the strategies you are learning to real-life situations. As such, they help prepare you to make wise choices in the kinds of challenging situations you will likely face in college. Because case studies don't have "right" answers, they'll help you develop your critical and creative thinking.

One Student's Story. These 28 short essays are authored by fellow students who used on course strategies to improve the quality of their outcomes and experiences in college. These stories show the positive and dramatic results possible when you apply what you learn in this course to overcome the multitude of challenges that can sabotage your success in college, and beyond.

[Download to continue reading...](#)

C++: The Ultimate Crash Course to Learning the Basics of C++ In No Time (c plus plus, C++ for beginners, programming computer, how to program) (HTML, Javascript, ... Java, C++ Course, C++ Development Book 3) On Course Study Skills Plus Edition On Course, Study Skills Plus Edition (Textbook-specific CSFI) TI-84 Plus Tutorials: The TI-84 Plus for Beginners: Get Started with the TI-84 Plus Graphing Calculator Weight Watchers: Weight Watchers Cookbook-> Watchers Cookbook- Weight Watchers 2016 Weight Watchers Cookbook - Points Plus - Points Plus-Weight ... Points Plus, Weight Watchers 2016) (Volume 1) How to Protect Your Assets From Probate PLUS Lawsuits PLUS Nursing Home Expenses with the Living Trust Plus C++: The Crash Course to Learn C++ Programming and Computer Hacking (c plus plus, C++ for beginners, programming computer, hacking the system, how to ... Coding, CSS, Java, PHP) (Volume 9) Study Skills for Dyslexic Students (SAGE Study Skills Series) Python: PYTHON CRASH COURSE - Beginner's Course To Learn The Basics Of Python Programming In 24 Hours!: (Python, Python Programming, Python for Dummies, Python for Beginners, python crash course) CHATTER: Small Talk, Charisma, and How to Talk to Anyone (The People Skills, Communication Skills, and Social Skills You Need to Win Friends and Get Jobs) Conversationally Speaking: WHAT to Say, WHEN to Say It, and HOW to Never Run Out of Things to Say (Communication Skills, Social Skills, Small talk, People Skills)

Everyday Charisma: Techniques for Mass Appeal, Charm, and Becoming a Social Powerhouse (Social Skills, Communication Skills, People Skills Mastery) Critical Thinking Skills: Developing Effective Analysis and Argument (Palgrave Study Skills) My iPhone (Covers iOS 9 for iPhone 6s/6s Plus, 6/6 Plus, 5s/5C/5, and 4s) (9th Edition) ATI TEAS Secrets Study Guide: TEAS 6 Complete Study Manual, Full-Length Practice Tests, Review Video Tutorials for the Test of Essential Academic Skills, Sixth Edition My iPhone for Seniors (Covers iOS 9 for iPhone 6s/6s Plus, 6/6 Plus, 5s/5C/5, and 4s) (My...) C++: C++ in 8 Hours, For Beginners, Learn C++ Fast! A Smart Way to Learn C Plus Plus, Plain & Simple, Learn C++ Programming Language in Easy Steps, A Beginner's Guide, Start Coding Today! C++: Beginners Guide to Learn C++ Programming Fast and Hacking for Dummies (c plus plus, C++ for beginners, JAVA, programming computer, hacking, how to ... Programming, Coding, CSS, Java, PHP Book 5) Pediatric Nursing: Content Review PLUS Practice Questions (Davis's Success Plus) Fundamentals of Nursing: Content Review Plus Practice Questions (Davis's Success Plus)

[Dmca](#)